

DARWIN
DEL FABRO

PRESS KIT



MEET DARWIN

Darwin Del Fabro (she/her) is a Brazilian-born actress, singer, writer, and producer based in New York City. She is set to premiere her deeply personal solo play, LILI/DARWIN, at The Tank (New York City) in August 2025. The intimate, genre-defying piece marks Darwin's powerful return to the stage following her gender transition and draws on her lifelong connection to the story of Danish painter and transgender woman Lili Elbe. Blending personal narrative and historical record, the play explores what it means to be truly seen and what it costs to claim your identity in a world that doesn't always make space for it. Featuring live music and original storytelling, LILI/DARWIN is not just a theatrical experience — it is a declaration of visibility, healing, and creative rebirth.

Darwin has privately and publicly explored gender through her art and life. Her transition surgery in late 2024 marked a personal and artistic turning point -- not a reinvention, but an emergence. Followed by months of recovery, growth, and reflection, 2025 marks a year of renewed presence for Darwin, one where she feels aligned in voice, body, and purpose. In writing LILI/DARWIN, she set out to demystify trans experience through her specific story — and to offer an honest window into her journey and invite understanding, connection, and empathy.

On screen, Darwin is best known for her breakout role as 'Gabriel' in the Blumhouse horror film "They/Them," directed by John Logan and now streaming on Peacock alongside Kevin Bacon and Carrie Preston. In Brazil, she earned acclaim in the TV series "Ligações Perigosas" and "Novo Mundo," showcasing her range across historical drama and contemporary storytelling.



[@darwindelfabro](https://www.instagram.com/darwindelfabro)

MEET DARWIN



As a musical theatre performer, Darwin starred in the original Brazilian productions of *Shrek the Musical*, *Fiddler on the Roof*, *The Wizard of Oz*, and *Era no Tempo do Rei*. Her New York stage credits include *A Midsummer Night's Dream* (Juneberry Collective), *The Feather Doesn't Fall Far from the Wing* (Signature Theatre), and *Real* (The Tank).

Darwin has released several albums, including *Darwin Del Fabro in Rio*, *Revisiting Jobim* (Volumes 1 & 2), *Revisiting Elis Regina*, and the cast recording *Be Careful, It's My Heart*. In May 2025, she headlined a solo concert at the famed 54 Below, performing work from across her musical repertoire.

She is the founder of [Madalena Productions](#), a creative company working across theater, film, and music. In Summer 2025, she will also co-launch Cahoots, a café and cultural hub in Manhattan's Lower East Side created with her best friend — a warm, poetic space designed for connection, creativity, and community.

Darwin's artistry is driven by a deep, lifelong impulse to create. Whether writing, singing, or acting, she approaches storytelling as a way to translate life into connection. Her work across mediums reflects a commitment to crafting from within, rather than waiting for permission. As she continues to evolve, her goals remain rooted in presence, joy, and authenticity — building a body of work that reflects who she is and who she has always been.

www.darwindelfabro.com

WHAT THE PRESS IS SAYING...

“LiLi/Darwin is a must see play this summer season. Written and performed by Darwin Del Fabro, the power of the acting is undeniable, the storytelling, profound. ... Honest, passionate, intimate, eye-opening and above all important, LiLi/Darwin is captivating and an essential piece of art.” – Megan Averbuch, Belles and Rebelles

Belles & Rebelles



“Darwin Del Fabro is a brilliant writer / performer of great talent.”
– David Rothenberg, WBAI Pacifica Radio

“Lyrical and passionately expressed. ...Powerful stuff. ... Darwin Del Fabro is an impressive performer. There is a gracefulness to the way she moves and an elegance to the way she speaks.” – Jonathan Mandell, New York Theater

New York Theater

**Lighting & Sound
America**

“A work of heartfelt advocacy.” –
David Barbour, Lighting & Sound America

“Lili / Darwin is an extraordinary bargain for those seeking extra extraordinary theatre.” – Michael Dale, Talkin Broadway



Medium

“The performance was beautiful. It was intriguing. It was painful. It was honest. It was an experience that sent the audience through multiple worlds, bodies and geographies. It was a powerful performance. The monologue traces the evolution of identity through language, history, and transformation to not only captivate the audience with superior artistic technique, but also teach about the beauty of acceptance, understanding, courage and love. Lili/Darwin made you feel every emotion that she had inside of her. ... Each scene exudes and expresses a beautiful display of raw character and talent.” – Yolanda Gibson, Medium



STAGE AND CINEMA

“Darwin Del Fabro stuns in a performance of becoming. ... an essential experience. ... Written and performed by Brazilian-born artist Darwin Del Fabro, the one-woman play marks her triumphant return to the stage following her gender transition. ... The play’s power lies most of all in Del Fabro’s performance. ... Her delivery is unforced, unguarded, and often poetic. Her passion soars, her anger rumbles, and her vulnerability radiates. I couldn’t take my eyes off her. ... A trans woman is not a doll, a fantasy, a secret, or a sin. She is a human being, one meant to be living to the end as a triumph. Like Lili / Darwin.” – Gregory Fletcher, Stage and Cinema



HOLLYWOOD PRESS CORPS

“Powerful and intimate. ...A theatrical experience that masterfully blends autobiography and art. ... Del Fabro’s writing is sharp and deeply personal, weaving a narrative that feels both universally relatable and uniquely her own. ... The play is a testament to the power of personal storytelling, proving that the most profound truths are often found in the most intimate moments. ... A courageous and compelling piece of theater that challenges, moves, and lingers in the mind long after the curtain falls. It’s a must-see for anyone who appreciates honest, human storytelling.” – Cinthia Menutole, Hollywood Press Corps



“Lili/Darwin is a captivating one-woman show from writer/performer Darwin Del Fabro. ...Del Fabro deftly portrays the painter’s shift from apathy to euphoria, making for a touching tribute. ...Lili has several props, yet Darwin needs none, commanding the stage by presence alone. ...Del Fabro’s passionate delivery makes each monologue utterly enthralling... Lili/Darwin, however, is special beyond its authenticity. It is a beautiful and captivating one woman show, at once deeply personal and universalist. The profound pathos and subtle yet overwhelming joy in both narratives make this a deeply resonant piece of theater. In the end, Lili/Darwin shows just how powerful trans women’s own words really are.” -Lydia Rose, TheaterScene.net

PRESS

As seen in....



gay city news



ECLAIR

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HEART & RHYTHM, & RAGE:

DARWIN DEL FABRO'S TRANSCONTINENTAL TRUTH

Photographer: OLIVER MIGUEL
Talent: DARWIN DEL FABRO

WWW.ECLAIR-MAGAZINE.COM



INTERVIEW

1. For those discovering you for the first time, could you introduce yourself in a few words?

I'm Darwin Del Fabro — a Brazilian-born actress, singer, and writer based in New York. I tell stories that live at the intersection of identity, transformation, and truth. Whether on stage or screen, in music or text, my work is an offering of who I am and who I've become.

2. LILI/DARWIN is described as a blend of personal narrative and historical record. What moved or transformed you the most while revisiting Lili Elbe's story through your own lens?

Reading Lili Elbe's diaries as a teenager was the first time I saw a reflection of something I didn't yet have words for. Revisiting her story now, after my own transition, I realize how much courage it takes simply to exist — then and now. What moved me most was the sense of continuity, like she handed me a thread and said: Go on, finish the line.

3. After your transition, you describe this piece as a rebirth rather than a reinvention. What does that mean to you, both as an artist and as a woman?

Reinvention implies creating something new — but I didn't invent myself. I unearthed myself. This piece is not about becoming someone else; it's about returning to someone I've always been. As a woman and an artist, that reclamation is a quiet revolution.

4. Your voice has often been described as magnetic and soothing. How does music play a role in this piece, and what do you hope the audience will feel through it?

Music is memory, vibration, and emotion all at once. In LILI/DARWIN, I use music the way I've always used it — to say what words can't. I hope the audience doesn't just hear it, but feels it — in their chest, in their skin. That kind of resonance can heal.

5. LILI/DARWIN is not just a play, but also an act of visibility and healing. What emotions do you hope to awaken in those who come to see it?

I hope people walk away feeling both seen and shaken. I want them to feel tenderness where they thought they had walls, to leave more curious than when they entered. Visibility isn't about being looked at — it's about being understood.

6. How has your journey in Brazil — between musical theater and television — influenced the way you tell stories now in New York?

Brazil taught me to tell stories with heart, even when resources are scarce. I grew up in a culture that uses music, humor, and resilience to survive. That spirit lives in everything I do — even on a New York stage, that rhythm is always with me.



Photographer: OLIVER MIGUEL
Talent: DARWIN DEL FABRO

WWW.ECLAIR-MAGAZINE.COM

7. You've worked alongside iconic actors like Kevin Bacon and Carrie Preston. What did you take away from those Hollywood experiences that you now bring to the stage?

Working with artists like Kevin and Carrie taught me the power of listening — real, present, generous listening. It's a discipline and a gift. Whether I'm on set or on stage, I bring that same focus and respect for the moment, because it's where everything happens.

8. Your play explores the cost of being fully yourself in a world that doesn't always make space. What gives you the strength to keep creating despite the challenges?

Love. The love I have for the boy I was, for the woman I am, and for others still fighting to be seen. And rage, too — the kind that transforms into art, not destruction. I create because I must, and because I believe in the power of being unapologetically alive.

9. In 2025, you launched Madalena Productions and are about to open Cahoots, a space for creativity and community. What do these collective projects mean to you in your artistic journey?

Madalena Productions and Cahoots are about creating the spaces I never had — places where artists, especially queer, immigrant, and marginalized voices, feel held and heard. It's not just about making art; it's about making room.

10. What does a typical creative day look like for you, between writing, music, and performance? Do you have any artistic or spiritual rituals?

Every day starts with coffee and silence. Then I move — a walk, a stretch, a hum. Writing and music flow in waves, so I follow what calls me most that day. My rituals are simple: candles, playlists, and smiles of gratitude before I step into the work.

11. Finally, if you could whisper a message to young Darwin dreaming of being on stage, what would you say to her today?

You were never wrong about who you are. Even when the world didn't see you, you were right. Keep singing, keep writing — your voice will carry you.



She
Creates
Because
SHE MUST



Schön!

interview | darwin del fabro



Darwin Del Fabro was never outside the world of performance — it was the air she breathed. Growing up in Brazil, surrounded by music and theatre, Del Fabro understood early on that the stage wasn't a dream but a destiny. At thirteen, she left home for Rio de Janeiro, trading childhood for a leap of faith that made one truth clear: performing wasn't a pastime, it was survival. "That leap made it clear to me: this wasn't a hobby or an experiment — it was my life's work," she expressed to **Schön!**

Since then, Del Fabro has become a force across stage, film, and music, navigating each medium with the same fierce commitment to honesty. But her latest work, **'LILI/DARWIN'** at The Tank in New York City, feels different — less like a performance and more like an unveiling. In it, Del Fabro intertwines her own story with that of Lili Elbe, one of the first known recipients of gender-affirming surgery, blurring the line between past and present, history and self.

Schön! chats with Del Fabro about **'LILI/DARWIN,'** her early beginnings, and more.

Read More: <https://schonmagazine.com/interview-darwin-del-fabro/>





LILI/DARWIN Brings Authenticity and Expression to the Stage



Most people have trouble mastering just one art form, but **Darwin Del Fabro** has shown an affinity for four: acting, singing, writing, and producing. The Brazilian-born New York City resident is getting ready to debut her one-person show, **LILI/DARWIN**, at The Tank Theatre, 312 W 36th St., New York, NY 10018, this August. The New York City venue will provide an intimate backdrop for Fabro's genre-bending play directed by Meghan Finn.

Darwin Del Fabro Returns to the Stage With LILI/DARWIN



Darwin Del Fabro has never been afraid of transformation — on stage, in life, or within herself. The Brazilian-born actress, singer, writer, and producer is stepping back into the spotlight this summer with *LILI/DARWIN*, an intimate, genre-defying solo play premiering at The Tank in New York City in August 2025. The work intertwines Del Fabro's own journey with that of Danish painter and transgender pioneer Lili Elbe, whose memoir, *Man Into Woman*, first found its way into her hands when she was just 13. It's a story that has lived within her for years, quietly shaping her understanding of identity, belonging, and the cost of becoming.



Darwin Del Fabro and Her One-Woman Play that Honors and Celebrates



Performer Darwin Del Fabro lets her journey navigating the world as a trans woman and immigrant shine in her upcoming one woman play “LILI/DARWIN”. From honoring Lili Elbe to celebrating her own artistic and personal growth, “LILI/DARWIN” is a deeply candor exploration of the strength found in connection, identity, and vulnerability. Join us as Darwin Del Fabro talks inspiration, identity, the entertainment industry, and trans rights.

Read More: <https://www.jejunemagazine.com/home/darwin-del-fabro>

MUNDANE

DARWIN STEPS INTO HER TRUTH WITH LILI/DARWIN



Darwin has never been easy to pin down. Best known to many for holding her own opposite Kevin Bacon and Carrie Preston in Blumhouse/Peacock's *They/Them*, the Brazilian-born actress, singer, writer, and producer has spent her career refusing the neat boxes the industry tries to assign. She has released multiple albums, lit up Brazilian television and stage productions, launched Madalena Productions to carve out space for creative misfits like herself, and is even opening Cahoots, a café and cultural hub on the Lower East Side.

Now, she's preparing for what might be her most intimate project yet: *LILI/DARWIN*, premiering August 2, 2025, at The Tank in New York City.

The solo play is part historical excavation, part confessional, part concert. At its core, it's Darwin stepping into the spotlight on her own terms—no character to hide behind, no industry expectations to fulfill. The work draws parallels between Darwin's own journey and that of Danish painter Lili Elbe, one of the first known recipients of gender-affirming surgery. In Darwin's hands, Lili's story becomes less an archival curiosity and more a mirror—reflecting the cost of visibility, the vulnerability of becoming, and the radical act of living authentically in a world that still resists making room for you.

Read More: <https://mundanemag.com/darwin-steps-into-her-truth-with-lili-darwin/>

Watching Trump's Inauguration, Again — And What It Means to Me Now



By *Darwin Del Fabro*—This year has been filled with magic — the magic of finally finishing my surgeries, of looking in the mirror and saying with certainty, I am a woman. It's a feeling I've dreamed of for so long, a moment of quiet joy and self-acceptance that I thought would never come. But as I stood in front of my reflection, feeling whole, I turned to the TV and saw something that shattered that serenity — Donald Trump, once again, dismissing the very process that allowed me to become myself.

In that moment, I thought of those who are still discovering themselves, those who have not yet found their reflection staring back at them with love and certainty. I thought of the younger generations, the ones who need help — help from doctors, from psychiatrists, from a government willing to support them rather than erase them. Transitioning is not just a personal journey; it is a societal one. It requires resources, understanding, and access to financial support, education, and opportunities in workplaces. Because for many, the path to becoming themselves is far more challenging than what is considered “normal” in this world.

Read More: <https://huffmag.com/watching-trumps-inauguration-again-and-what-it-means-to-me-now>

Darwin Del Fabro on 'Lili / Darwin,' Gender, and the Power of Telling Her Own Story



We had the pleasure of talking with Darwin Del Fabro. Darwin is a Brazilian-born performer, writer, and producer whose artistic trajectory bridges continents, languages, and disciplines. Now based in New York City, Del Fabro has emerged as a distinctive creative voice in American theater and music, building a career that spans stage, screen, and recorded sound. Her latest work, *Lili / Darwin*, a solo theatrical piece premiering in August 2025 at The Tank in Manhattan, signals both a return to the stage and a significant personal milestone. Written and performed by Del Fabro, the play fuses her own life story with the historical narrative of Lili Elbe, one of the first known recipients of gender-affirming surgery, offering a meditation on identity, transformation, and visibility.

Darwin Del Fabro Interview: From Stage to Self in LILI/DARWIN



The Brazilian-born actress, singer, and writer on her transformative new solo play, life after transition, and creating art that demands to be seen.

Best known for starring in Blumhouse/Peacock's *They/Them* alongside Kevin Bacon and Carrie Preston, Darwin Del Fabro is a Brazilian-born actress, singer, writer, and producer whose artistry knows no borders. Now, she's stepping into one of her most personal and daring projects yet — *LILI/DARWIN*, premiering August 2, 2025, at The Tank in New York City. Part memoir, part historical reflection, the piece weaves Darwin's own journey with the life of Danish painter and transgender pioneer Lili Elbe, confronting the cost and beauty of claiming one's identity in a world that often resists it. With live music, intimate storytelling, and an unflinching commitment to truth, *LILI/DARWIN* is both a deeply personal declaration and a celebration of creative rebirth.

Read More: <https://www.naludamagazine.com/darwin-del-fabro-interview-from-stage-to-self-in-lili-darwin/>

LILI/DARWIN: Darwin Del Fabro's Powerful New Solo Play



Darwin Del Fabro, best known for Blumhouse/Peacock's *They/Them* alongside Kevin Bacon and Carrie Preston, brought a new chapter of her artistic journey to the stage with the premiere of her solo play *LILI/DARWIN* at The Tank in New York City. Through live music, storytelling, and raw vulnerability, the play explored themes of identity, visibility, and rebirth, marking Darwin's powerful return to the stage.

Could you introduce yourself for those who might not know you?

Hello to readers around the world!

For anyone just discovering me: I'm Darwin Del Fabro, a Brazilian-born, New York-based actor, singer, writer, and producer. I gravitate toward stories that live at the intersection of identity and transformation, where personal truths become collective resonance.

Read More: <https://www.rymerandco.com/post/darwindelfabro>

Darwin Del Fabro talks about starring in 'Lili/Darwin' at The Tank NYC



Brazilian actor Darwin Del Fabro spoke about starring in the new stage show "Lili/Darwin." This limited engagement runs at The Tank NYC through August 23rd.

What inspired you to write "Lili/Darwin"?

I think I've always been searching for language to express something that felt too intimate, too complex, to say out loud.

When I discovered Lili Elbe's diaries, I felt like I was reading a mirror—her words were raw, unfinished, vulnerable.

I knew then I wanted to create a piece that honored both her story and mine, and explored the in-between: the liminal space of becoming.

"Lili/Darwin" isn't just about transitioning—it's about visibility, grief, survival, and the beauty of finally being able to look at yourself and say, "There you are."

BELLA Media + Co.

Darwin Del Fabro: Emergence Through Art



Darwin Del Fabro is a Brazilian-born, New York-based actress, singer, writer, and producer whose life and career embody transformation, courage, and creative truth. In late 2024, Darwin underwent gender transition surgery a profound milestone that she describes not as a reinvention, but an *emergence*. The months that followed were a period of recovery, reflection, and realignment. Now, in 2025, Darwin returns to public life and the stage with renewed presence aligned in voice, body, and purpose.

Read More: <https://bellamedia.co/getting-to-know/darwin-del-fabro-emergence-through-art>

A Father's Role in Self-Acceptance: A Story That Speaks to the Heart



Disclaimer: This article covers gender identity, medical procedures, and real-life experiences, which may be sensitive for some readers. Please proceed with an open mind and respect for individual journeys.

Parents are major contributors to a child's growth—role models for some, ruin for others—and this is a universal truth, an inescapable reality one cannot overlook. Regardless of one's innate capabilities, characters, or nature, the role parents play in their child's life can make or break them. There's just no denying there.

Darwin Del Fabro



Darwin Del Fabro is currently performing on stage for dates throughout August in her play LILI/DARWIN at The Tank in New York City, which is partially based on the Danish painter/transgender woman Lili Elbe's diary, with the one-woman play intertwining with Darwin's journey as a trans woman, and marks her return to stage acting after her surgery last year. In May, Darwin performed her solo concert Darwin Del Fabro: A Musical Journey at 54 Below, and as a music artist, she has released numerous albums including Revisitando Elis Regina last year, which includes the song O Que Tinha de Ser – the inspiration for her to record in Portuguese again. As a stage actor, Darwin's previous work includes Shrek the Musical and Fiddler on the Roof, and on screen, she played Gabriel in 2022 in the horror film They/Them with Kevin Bacon and Cooper Koch. Alongside her acting and music career, Darwin is the founder of Madalena Productions, and she is co-launching Cahoots – a café and cultural hub – this summer. Catching up with Darwin, we found out from her about her new play LILI/DARWIN, performing her solo concert at 54 Below earlier this year, filming as Gabriel in horror film They/Them and being founder of Madalena Productions and co-launching Cahoots.

Read More: <https://tresamagazine.com/2025/08/18/darwin-del-fabro/>



Darwin Del Fabro returns to the stage with "LILI/DARWIN"



Brazilian-born actress, singer, and writer Darwin Del Fabro — known for her chilling turn in Peacock's *They/Them* — is back in the spotlight with *LILI/DARWIN*, a genre-defying solo play premiering August 2 at The Tank in NYC. Her first stage project since undergoing gender-affirming surgery, the piece is part memoir, part tribute to trans trailblazer Lili Elbe, and wholly a celebration of living authentically.

Watch: <https://pix11.com/video/darwin-del-fabro-returns-to-the-stage-with-lilidarwin/10844979/>

Call Redialed: NEW Darwin Del Fabro Interview: Lili/Darwin - A Play About Identity, Memory & Becoming



I first came to know **Actress, Playwright & Musician Darwin Del Fabro** in 2022 when she starred in Blumhouse Productions of *They/Them*, the groundbreaking queer horror film directed by John Logan.

It's so great to catch up with **Darwin** as she makes her triumphant return to the stage in her play *Lili/Darwin*.

In this NEW interview, Darwin once again answered my call, but this time around she shares:

- What made now the right time to return to the stage
- How *Lili/Darwin* can help someone who is questioning their own identity
- How she has felt empowered by going through her own gender transition
- How this show can give someone a better understanding of gender transition
- So much more

Listen: <https://www.callmeadam.com/blog/new-darwin-del-fabro-interview-lili-darwin-a-play-about-identity-memory-becoming>

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